



Heart of the Community Health Day

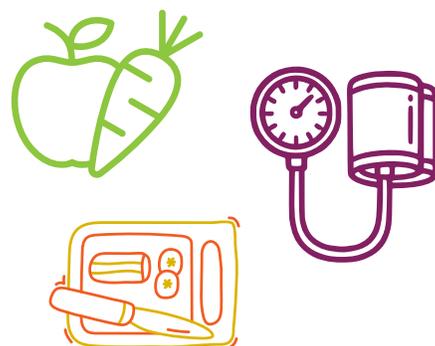
Turn the page on your health by experiencing the library's newest resource: a Higi health station!

Lucien E. Blackwell Library
52nd & Sansom
Friday, March 27, 1-3 p.m.

Admission is free and open to all!

Join us for:

- blood pressure and lipid screenings
- nutrition lessons, cooking demonstrations & taste tests
- free produce giveaway (while supplies last)
- health education and resources
- and more!



For information, contact Jen Tepel: **267-668-2739** or jtepel@thefoodtrust.org

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